

~ WELCOME ~

Our Aim

Welcome to the Old Bengal Restaurant. Our aim is to always provide excellent authentic food, coupled with a personal friendly service at a reasonable price. Since opening in January 2006, we have established a strong regular following and built up our business principally from recommendations and word of mouth. We hope to continue the satisfactory experiences of our regular customers and steadily build up new customer.

Our Facilities

Our building itself is a Grade II Listed 300 year old pub - previously the 'Prince of Wales' which has undergone extensive renovation. We hope you find our air-conditioned restaurant and facilities comfortable.

Our Menu

We have an extensive menu for you. In addition to the 'Old Favourites' dishes which have become the nation's favourite food, our chef's have developed new and authentic cuisine, which you will find in the 'Chef's Specialities'. In addition to that, we shall have new 'Dish of the Month' for you to try. **If there are any dishes (or combinations) you desire, which are not on the menu, please ask and we will do our best to provide this.**

Drinks and Wines

Our restaurant is licensed with a selection of draught and bottled beers, liquors and soft drinks. please also see our carefully selected and extensive wine list to compliment your meal.

Take Away Service and Outside Catering

We also do a take away service. Please take a copy of our take away menu. Why not telephone your order in advance and have it ready for collection. We also cater for off-site parties and special occasions, where appropriate we can supply buffet style facilities.
Please speak to us if you wish to discuss catering for your special occasions.

Sunday Buffet

We have Sunday Buffet from 12 noon - 4pm: £10.95 for adults £5.95 for children.

At Your Service

We do not include any service charge - gratuities are entirely at your discretion.

We hope you enjoy your visit to our restaurant and thank you for your custom. If there is anything you wish to discuss, please let us know.

Juber and Suber Akther

~ SET MEALS ~

Non-Vegetarian Meal

for two persons £42.00

*2 Poppodums and Chutneys
Reshmi Kebab
Bhuna Prawn on Puree
Special Thawa (Chicken)
Lamb Korai
Sag Aloo
Dall Makani
Mushroom Pilau Rice
Nan
Deserts
Coffee*

Vegetarian Meal

for two persons £33.00

*2 Poppodums and Chutneys
Vegetable Pakura
Vegetable Somsas
Ponir Butter Mossalla
Vegetable Balti
Chana Mossalla
Dall Butterfry
Vegetable Pilau Rice
Nan
Deserts
Coffee*

~ STARTERS ~

(All starters are served with a salad and a special sauce)

Old Bengal Special Starter <i>(for 4 people)</i>	£21.50
<i>A platter selection of starters exclusive to the Old Bengal, consisting of chicken tikka, reshmi kebabs, vegetable pakura, somosas and stuffed capsicum with mincemeat.</i>	
Mixed Starter	£4.50
<i>Chicken tikka, reshmi kebab, vegetable pakura and a somosa.</i>	
Tandoori Lamb Chops	£4.50
<i>Lamb chops marinated with mild spices, herbs and yoghurt, roasted in tandoor.</i>	
Tikka <i>(Chicken or Lamb or Monkfish)</i>	£4.25
<i>Succulent diced boneless chicken or lamb or Monkfish pieces, marinated in yoghurt and aromatic spices, fresh herbs and mildly seasoned, and barbequed in the tandoor.</i>	
Tandoori Chicken	£4.25
<i>One piece of chicken (on the bone), marinated in yoghurt and aromatic spices, fresh herbs and mildly seasoned, and barbequed in the tandoor.</i>	
Reshmi Kebab	£4.25
<i>Boneless chicken breast cubes marinated with yoghurt, egg and cashew nuts paste, fresh cream, cooked spices and barbequed in our tandoori clay oven.</i>	
Sheek Kebab	£4.25
<i>Tender minced lamb mildly seasoned and with aromatic spices, fresh herbs and with onions, fresh garlic and ginger and barbequed in the tandoor.</i>	
Bhuna Prawn on Puree	£4.50
<i>Prawns tossed in butter, and seasoned with medium hot spices. Served on a light crisp pastry.</i>	
Chicken Chat on Puree	£4.50
<i>Thinly sliced chicken spiced and served on a light crispy pastry</i>	
Chicken Pakora	£3.85
<i>Chicken cutlets dipped in massala sauce and deep fried.</i>	
Somosa <i>(Meat or Vegetable)</i> (V)	£3.85
<i>Crispy pastry filled with spicy minced lamb or vegetable.</i>	
Onion Bhaji (V)	£3.85
<i>Four balls of spicy fried onions, finely chopped, wrapped in lentil butter and deep fried.</i>	
Vegetable Pakora (V)	£3.85
<i>Mixed vegetable, chana basion dipped in massala sauce and deep fried.</i>	
Poneer Pakura (V)	£3.85
<i>Home made cottage cheese dipped in mixture of gram flour, flavoured with azawan seed and deep fried.</i>	

~ CHEF'S SPECIALITIES ~

Old Bengal Special

£13.75

An exotic selection of tandoori dishes, including chicken tikka, lamb tiikka, tikka poneer and king prawn, cooked in special spices and served in a sauce.

Special Thawa

£9.50

Medium hot spiced chicken tikka pieces prepared with oriental spices herbs and capsicum.

Pomfret/Monk Fish Special Mossalla

£10.95

Pomfret Fish/Monk Fish (boneless) in a special medium spicy sauce.

Tandoori Makhon Chicken

£8.95

Boneless chicken pieces (stripped from tandoori chicken) cooked with aromatic spices, ground cashew nut butter, coconut milk and a touch of herbs in a thick creamy sauce.

Korai (Chicken or Lamb)

£8.95

(Monkfish)

£9.95

Delicately spiced chicken or lamb or monkfish pieces cooked with fresh ginger, garlic, tomato, spiced and sizzled and served in a traditional "Indian wok".

Jalfrezi (Chicken or Lamb)

£8.75

(Monkfish)

£9.95

Very hot chicken or lamb or monkfish flavoured with exotic spices, cooked with fresh green chillies, peppers, onions, tomatoes and served in herb sauce.

Achari (Chicken or Lamb)

£8.75

(Monkfish)

£9.95

Tender pieces of chicken or lamb or monkfish cooked in yoghurt and pickled spices, tempered with mustard and hot green chillies and served in a tangy sauce.

Chilli Mossolla (Chicken or Lamb)

£8.75

(Monkfish)

£9.95

Chicken or lamb tikka or monkfish pieces cooked in a chillie pickle sauce with fresh green chillies and served in a thick spicy sauce.

<p>Old Bengal Special Biryani</p> <p><i>A preparation of Old Bengal rice and mixture of chicken, lamb and prawns, with yoghurt, cashew nuts, almond, sultanas, bay leaves, garnished with tomatoes and egg and served with a vegetable curry sauce.</i></p>	£10.95
<p>Sizzling Delight <i>(Chicken or Lamb)</i></p> <p><i>Panfried chicken or lamb with lemon, corn flour and egg cooked in capsicum tomato and onion and spices served with cashew nut and chat massalla.</i></p>	£9.75
<p>Kashmiri Chicken</p> <p><i>Chicken cooked in a mild sauce with cashew nuts, saffron, cream.</i></p>	£8.95
<p>Garlic Chicken</p> <p><i>Medium hot chicken cooked in a garlic based sauce</i></p>	£8.95
<p>Chicken Pathia</p> <p><i>Medium spicy chicken dish cooked in a tomato based hot and sour sauce</i></p>	£8.95
<p>Keema Motor</p> <p><i>Mince meat cooked with peas in a medium spicy sauce</i></p>	£8.95
<p>Poneer Butter Mossalla (V)</p> <p><i>Homemade fried poneer mixed with yoghurt, cream, cashew nuts, saffron and spices.</i></p>	£8.50
<p>Kashmiri Aloo Dom (V)</p> <p><i>Boiled baby potatoes and fruits cooked in cashew nuts, saffron, cream and spices.</i></p>	£8.50

~ TANDOORI DISHES ~

(All Tandoori Dishes are served with salad and a special sauce)

Sizzler Special

A fabulous selection from our tandoori menu including tandoori chicken, chicken tikka, lamb tikka, ponneer tikka, sheek kebab and tandoori king prawn.

£13.95

Chicken Tikka

Diced boneless chicken marinated in yoghurt and aromatic spices, fresh herbs and mildly seasoned, and barbequed in our tandoori clay oven.

£8.25

Lamb Tikka

Lamb pieces marinated in yoghurt and aromatic spices, fresh herbs and mildly seasoned and barbequed in our tandoori clay oven.

£8.50

Tandoori Chicken

On the bone chicken (consisting of one leg and one breast) marinated in yoghurt and aromatic spices, fresh herbs and mildly seasoned, and barbequed in our tandoori clay oven.

£8.25

Tandoori Lamb Chops

Lamb chops marinated with mild spices, herbs and yoghurt, roasted in our tandoori oven.

£10.95

Tandoori Reshmi Kebab

Boneless chicken breast cubes marinated with yoghurt, egg and cashew nuts paste, fresh cream, cooked spices and barbequed in our tandoori clay oven.

£8.50

Monk Fish Tikka

Boneless monkfish pieces marinated with lemon juice, yoghurt, cashew nuts, mustard, saffron and spices, barbequed in the tandoori oven.

£10.75

Tandoori Pomfret

Whole pomfret (fish) marinated with lemon juice, yoghurt, cashew nuts, mustard, saffron and spices, barbequed in the tandoori oven.

£10.75

Tandoori King Prawns

King Prawns marinated with lemon juice, yoghurt, cashew nuts, mustard, saffron and spices and cooked in our tandoori oven.

£13.95

Tandoori Shahshlik

Marinated and spiced chicken pieces barbequed in the tandoori oven and served with chunky barbequed tomatoes, onion and capsicum.

£8.95

Ponir Tikka (V)

Ponir marinated with yoghurt, cashew nuts, tomatoes and spicy sauce and barbequed in the tandoori oven on a skewer with capsicum, onion and tomatoes.

£7.95

~ OLD FAVOURITES ~

MOSSALLA

Chicken or Lamb Tikka pieces or King Prawns marinated and barbecued and then cooked in an exotic creamy sauce of yogurt and butter made with a delicate of herbs, spices, almonds, cashew nuts and fresh cream.

Chicken Tikka - £8.50 Lamb Tikka - £8.75
Monk Fish - £9.50 King Prawn £13.95

BALTI

Cooked with fresh spices, green chillies, chunks of capsicum, onions and tomatoes in a "balti" to give an all round exotic flavour.

Chicken - £7.95 Lamb - £8.25 Prawn - £8.25
Monk Fish - £8.95 Vegetable - £6.95

CURRY (Medium / Madras Hot / Vindaloo Hot)

Chicken - £7.25 Lamb - £7.75 Prawn - £7.75
Monk Fish - £8.25 Vegetable - £5.95

BHUNA

Bhuna dishes are fairly dry and spicy, tossed in butter, capsicum, onion, tomatoes and seasoned with fresh herbs.

Chicken - £7.50 Lamb - £7.95 Prawn - £7.95
Monk Fish - £8.50 Vegetable - £6.50

ROGON JOSH

Rogon Josh is cooked in a medium spicy base sauce garnished with a layer of tomatoes, garlic and fresh coriander.

Chicken - £7.95 Lamb - £8.25 Prawn - £7.95
Monk Fish - £8.95 Vegetable - £6.50

DHANSAK

Medium hot dishes authentically cooked with strong spices, thickened with lentils and pineapples with a sweet and sour sauce.

Chicken - £7.95 Lamb - £8.25 Prawn - £8.25
Monk Fish - £8.25 Vegetable - £6.75

KORMA

Mild dishes prepared with butter and thickened with cream, flavoured with cinnamon, cloves, cardamon and coconut milk.

Chicken - £7.95 Lamb - £8.25 Prawn - £8.25
Monk Fish - £8.95 Vegetable - £6.75

SAGWALA

Medium hot dishes cooked with tomatoes, capsicums, covered with spinach and thickened to a rich taste.

Chicken - £7.95 Lamb - £8.25 Prawn - £8.25
Monk Fish - £8.25 Vegetable - £6.75

BIRYANI

A preparation of basmati rice with almond, sultanas, bay leaves, garnished with tomatoes, served with a vegetable curry sauce.

Chicken - £8.50 Lamb - £8.95
Prawn - £8.95 Monk Fish - £9.50

If there are any dishes (or combinations) you desire, which are not on the menu, please ask and we will do our best to provide this.

~ VEGETABLE SIDE DISHES ~

£3.95

Mixed vegetable curry (*saucy*)

Mixed vegetable bhaji (*dry*)

Sag bhaji (*spinach*)

Sag Aloo (*spinach and potato*)

Sag Ponir (*spinach and cheese*)

Chana Mossalla (*chickpeas*)

Bhindi Bhaji (*okra*)

Brinjal Bhaji (*aubergines*)

Vegetable Butter Fry

Onion Bhaji

Bombay Potato

Cauliflower Bhaji

Aloo Gobi (*Potato and Cauliflower*)

Motor Ponir (*Cheese and Peas*)

Dall Makani (*Creamy lentils*)

Tarka Dall (*Light and garlic lentils*)

Mushroom Bhaji

All vegetable side dishes are available as main course - £6.50

~ RICE ~

Boiled Rice	£2.50
Pilau Rice	£2.95
Lemon Rice	£3.50
Mushroom Pilau Rice	£3.50
Egg Pilau Rice	£3.50
Vegetable Pilau Rice	£3.50
Peas Pilau Rice	£3.50
Special Pilau Rice (<i>with keema, peas and egg</i>)	£3.75

~ BREADS ~

(All of our bread are freshly baked after you haved ordered)

Plain Nan (<i>Unleavened bread freshly baked in the tandoor</i>)	£2.50
Garlic Nan (<i>Stuffed with fresh garlic</i>)	£2.95
Keema Nan (<i>Stuffed with mincemeat</i>)	£2.95
Peshwari Nan (<i>Stuffed with coconut, almonds, nuts and sultanas</i>)	£2.95
Poneer Nan (<i>Stuffed with cheese</i>)	£2.95
Tandoori Roti (<i>Unleavened wholewheat bread baked in the tandoor</i>)	£2.50
Paratha (<i>Shallow fried wholemeal bread</i>)	£2.50
Lacha Paratha (<i>Flour mixed with milk and egg cooked in the tandoor with butter</i>)	£2.50
Chappati (<i>Wholewheat light bread</i>)	£0.80

~ SUNDRIES ~

Poppodoms	£0.50
Spicy Poppodums	£0.50
Relish Set (<i>onion chutney, mango chutney, tandoori mint/chilli sauce</i>)	per person £0.50